

Netball – Core and advanced skills

	Core skill	Advance skill
Year 7	<ul style="list-style-type: none"> - Footwork (stopping/landing) - Passing over a short distance (chest, overhead, bounce, shoulder pass) - Catching while stationary 	<ul style="list-style-type: none"> - Stationary shooting - Marking the player with the ball
Year 8	<ul style="list-style-type: none"> - Footwork (stopping/landing) - Passing over a short distance (chest, overhead, bounce, shoulder pass) - Catching while stationary - Stationary shooting - Marking the player with the ball 	<ul style="list-style-type: none"> - Rebounding the ball - Effective dodging - Catching in the air - Interceptions
Year 9	<ul style="list-style-type: none"> - Footwork (stopping/landing) - Passing over a short distance (chest, overhead, bounce, shoulder pass) - Catching while stationary - Stationary shooting - Marking the player with the ball - Rebounding the ball - Effective dodging - Catching in the air - Interceptions 	<ul style="list-style-type: none"> - Catching in the run - Passing over mid-long distance (chest, overhead, bounce, shoulder pass) - Shooting, stepping techniques - Shadow defence - marking a player without the ball

Decision making and tactical awareness, to include

- When to pass/shoot/dodge
- Where to pass/shoot/dodge
- Which pass to make
- Awareness of team strategies/tactics in both attacking and defending situations e.g. set piece plays, shot/penalty
 - Attacking positioning on the court
 - Defensive positioning on the court
 - Defensive ploys – man to man marking
- Awareness of strengths/weaknesses and actions of other players e.g. adopt a variety of roles in attack and defence in the game
- Awareness of the rules and regulations of the game and their application (including refereeing signals)
- Positioning and organisation at set pieces, communication