## **Rounders – Core and advanced skills**

	Core	Advanced
Year 7	Batting – Grips, stance, contact to be	Batting – Can direct the ball in the field
	made	Bowling – Stepping action
	Bowling – Basic action	Fielding – Stopping the ball (long barrier)
	Fielding – Underarm throwing and	
	catching action	
Year 8	Batting – Grips, stance, contact to be	Batting – Directed forehand hit in 3
	made, can direct the ball in the field	locations
	<b>Bowling</b> – Basic action, stepping action	<b>Bowling</b> – Variety of speeds and height
	Fielding – Underarm throwing and	Fielding – Overarm throwing and catching
	catching action, stopping the ball (long	action
	barrier)	Positional play – post play and bowler
Year 9	Batting – Grips, stance, contact to be	Batting – Directed backhand hit
	made, can direct the ball in the field,	Bowling – Spin bowl
	directed forehand hit in 3 locations	Fielding – Chasing and returning the ball
	Bowling – Basic action, stepping action,	accurately
	variety of speeds and height	Positional play – deep fielder, back stop
	Fielding – Underarm throwing and	
	catching action, stopping the ball (long	
	barrier), overarm throwing and catching	
	action	
	Positional play – post play and bowler	